**Miracle II Product Uses:** Recommended uses based on feedback from customers over the course of over 25 years of business.

**General Use Recommendations:**
- Take a 30 minute bath with 2 tbs of soap and 4 tbs of neutralizer 1x a week (promotes regular detoxification).
- Take 7 drops to 2 tbs of the neutralizer in water, juice or milk each day (promotes detoxification, begin with smaller amount).
- Use soap as full body and face soap. Use soap as shampoo, depending on preference.
- Suffer from illnesses? Switch your chemical based household cleaners to Miracle II soap products. See dilution recommendation.
- Suffer from sensitivities to laundry detergents? Switch to either Miracle II soap or laundry ball (lasts for ~200 washes)!

**Aches and Pains**
Use Miracle II Soap to shower and bathe. Spry or rub neutralizer or gel on painful areas. May take more than one application, but pain should decrease after each application.

**Acid Reflux**
Put 7 drops of Miracle II neutralizer in juice, water or milk each day.

**Acne Problems**
Use Miracle II Soap to wash face 2x a day with bare hands. Rinse, then spray or rub Miracle II neutralizer or gel on face and let it dry. Use of gel is highly recommended as its higher potency aids better in cleansing pores and healing existing acne scars. Consumers may prefer the neutralizer if their skin is more sensitive, however, it is often more sensitive due to dryness which should be remedied by use of the Miracle II moisturizer.

**After Shave Lotion**
Use Neutralizer or Gel, or if your skin is dry use skin moisturizer.

**Age Spots**
Put Miracle II Soap or Neutralizer on each dark spot and let dry. Try to do this 1x a day. Many report great results in 90 days.

**Allergies**
Shower or bathe with Miracle II soap. Rub or spray Miracle II Neutralizer on skin or spray in nose. Put 7 drops of Miracle II Neutralizer in juice, milk, or water daily.

**Alzheimer**
Bathe or shower with soap. Put 7 drops of Neutralizer in water, juice or milk each day.

**Animals**
People report that Miracle II works just as well on animals. Use as animal wash. If too drying mix with olive oil and blend (up to 50/50 ratio). Animal will have wonderfully soft coat that is not oily!

**Athlete’s Foot, Ring Worm, or Jock Itch**
Bathe or shower with Miracle II Soap and spray or rub Miracle II Neutralizer or Gel on affected area and let dry (apply liberally). Above funguses represent the same fungus, but carry a different name based on location.

**Arthritis**
Bathe or shower in Miracle II Soap and spray or rub Neutralizer or Gel on area. Put 7 drops of neutralizer in water or juice each day.

**Bath and Shower Soap**
Use Miracle II Soap. Put on bath cloth, sponge or hand. Leave soap lather on skin as long as possible in each shower as it aids on opening and pulling toxins out of pores.

**Bed Sores**
Bathe with Miracle II Soap. After bathing and drying, spray the Miracle II Neutralizer and Gel on troubled areas and let dry.
**Body Odor**
Bathe with Miracle II Soap and apply neutralizer externally and internally (7 drops).

**Bronchitis**
Use Miracle II Neutralizer in vaporizer.

**Burns, Cuts, Scratches**
Spray or submerge area in the Miracle II Neutralizer or Gel until the pain stops. For larger burns, wrap the area in a towel and keep soaked with the Miracle II Neutralizer for several hours.

**Bruises**
Spray or rub Neutralizer or Gel on bruise. Many report no bruising if applied immediately after impact. Carry with you if entering into activity likely to cause bruising.

**Cancer**
Bathe or shower with soap. Add 7 drops increasing to 2 lbs of neutralizer to water or juice each day. Depending on progression of cancer may need to increase consumption of neutralizer to 8 oz/day for 3 months.

**Candida Albicans**
Use Miracle II Neutralizer mixed with water 50/50; (i) use as a douche, (ii) spray on area infected, (iii) take 7 drops of neutralizer in water or juice each day until results achieved.

**Cataracts**
Put ½ ounce of neutralizer in eye cup. Use until see results.

**Chicken Pox**
After the peak break out period, bathe the child in Miracle II Soap and apply Miracle II Neutralizer, Gel or Skin Moisturizer.

**Cellulite**
Bathe with soap and then spray with Neutralizer or Gel. Put 7 drops of Neutralizer in liquid each day until results are achieved.

**Colic**
Put 3 drops of Miracle II Neutralizer in baby formula or water.

**Contact Lens**
Spray or soak with Neutralizer.

**Cholesterol**
Bathe with Miracle II Soap. Put 7 drops of Neutralizer in water, juice or milk.

**Crohn's Disease**
Bathe with Miracle II Soap. Put 7 drops of Neutralizer in water, juice or milk.

**Common Colds**
When you feel a cold starting, spray Miracle II Neutralizer in the nose and let it go through your sinus area.

**Constipation**
Add one tablespoon of Neutralizer each day in water, juice or milk.

**Dandruff**
Shampoo with Soap. Use Neutralizer or Skin Moisturizer for dry scalp.

**Denture Hot Spots**
Put enough Miracle II Neutralizer or Gel in mouth to cover all areas affected. Hold in mouth as long as possible.

**Dermatitis**
Use Miracle II Soap to wash face. Let foam stay on face about one minute. Rinse, then spray or rub Miracle II Neutralizer or Gel on face and let dry.
Diaper Rash
Bathe baby with the Miracle II Soap. Dry and apply Miracle II Neutralizer and Moisturizer on area. Generally heals overnight.

Diabetes
Shower and shampoo with Miracle II soap. Take 7 drops of neutralizer in water daily.

Douche
Mix Miracle II Neutralizer and water 50/50.

Dry Skin
Use Miracle II Moisturizer or Moisturizing Soap.

Ear Ache
Drop miracle II Neutralizer in the ear.

Eczema
Take a 30 minute bath with 4 tbs of neutralizer and 2 tbs of soap 1x per week. On a daily basis, use Miracle II soap as body and face soap. Once dry, apply neutralizer or gel to affected area and let dry. Use Miracle II Moisturizer for dry skin.

Enema
Use 1/8 oz of Miracle Soap and 2 oz of Miracle II Neutralizer in one quart of water.

Energy
Bathe with Miracle II Soap and Neutralizer (2 tbs soap and 1 tbs Neutralizer). Add 7 drops of Neutralizer to water, juice, or milk daily.

Eye Wash and Lubrication
Use Miracle II Neutralizer for eye wash.

Fever Blisters
As soon as you feel a blister forming, apply Miracle II Neutralizer or Gel. If possible, take 4 to 5 layers of paper towel and wet with Miracle II Neutralizer, then put between the lips and leave on area. Repeat until see results.

Gulf War Illness
Bathe or Shower with Miracle II Soap. Apply Gel or Neutralizer on rash areas. Take 7 drops of Neutralizer in water each day.

Foot Odor
Wash with Miracle II Soap and spray or rub feet with Neutralizer or Gel.

Finger Nail Fungus
Soak nails in container of warm Miracle II Neutralizer for a few minutes each day. It may take from 3 to 6 months.

Gallbladder
Put 7 drops of neutralizer in water.

Hand & Foot – Cracked Skin Problems
Change to Miracle II Soap to shower and Bathe. Apply Miracle II Neutralizer or Gel to skin and apply Miracle II Moisturizer.

Hair Shampoo
Use Miracle II soap. Let foam stay on hair longer than normal. Prevents dandruff and hair loss.

Hair Conditioner
Use Moisturizer or Gel as conditioner. Use the one that is best for you. Use of product as shampoo and conditioner is a matter of preference. Many customers report they would use nothing but Miracle II as shampoo and/or conditioner, while other prefer a different feel/texture than Miracle II provides.

Hair Spray
Put Miracle II Neutralizer or Gel on hair. Comb or blow dry.

Head Lice
Shampoo with the Miracle II Soap at least 2x a day. After each shampoo, spray hair with Miracle II Neutralizer or Gel.
Heels, Elbows, Knees
Bathe with Miracle II Soap. Apply Miracle II Neutralizer, Gel, and/or Moisturizer on area.

Hemorrhoids
Bathe with Miracle II Soap and dry. Spray the area with Miracle Neutralizer or Gel until results are achieved. Expected to stop the burning and itching and begin to heal.

Herpes, Ulcers
Bathe with Miracle II Soap. After drying, spray Miracle II Neutralizer on infected areas. Put 7 drops of Miracle II Neutralizer in juice, water, or milk daily.

Hyperactivity
Bathe in soap. Put 7 drops of Miracle II Neutralizer in juice, water, or milk daily.

Gingivitis
Brush teeth with one drop of soap and 7 drops of neutralizer. Rinse mouth with neutralizer after you brush.

Gout
Bathe with Miracle II Soap. Apply Neutralizer or Gel to area. Put 7 drops of Miracle II Neutralizer in juice or water daily.

High Blood Pressure
Bathe or shower with Miracle II Soap and put 7 drops of Miracle II neutralizer in juice or water each day.

Hives
Bathe or shower with Miracle II Soap and put 7 drops of Miracle II neutralizer in juice or water each day.

Indigestion
Put 7 drops of Miracle II neutralizer in juice or water each day.

Insect Bites
Spray or rub Miracle II neutralizer on bite area. If you spray the neutralizer on before going outside, in most cases, bugs will not bite you. May need to reapply often.

Jock Itch, Ring Worm, or Athlete’s Foot
Bathe or shower with Miracle II Soap and spray or rub Miracle II Neutralizer or Gel on affected area and let dry (apply liberally). Above funguses represent the same fungus, but carry a different name based on location.

Liver and Kidney Cleanser
Put 7 drops of Miracle II neutralizer in juice or water each day.

Lubricating Gel
Use Miracle II Gel.

Lymphoma-Follicular Cancer
Bathe or shower with Miracle II Soap. Put 7 drops of Miracle II neutralizer in juice or water each day.

Lyme Disease & Lupus
Bathe or shower with Miracle II Soap and apply Miracle II neutralizer or gel to skin. Put 7 drops of Miracle II neutralizer in juice or water each day.

Make-Up Remover
Wet face with water. Use Miracle II soap on cloth or in hands (for acne prone users use hands to wash face and do not scrub).

Mouth Ulcers
Put enough Miracle II neutralizer in mouth to cover all affected areas. Hold in mouth as long as possible. This will neutralize the acid that is causing the problem.

Nose Bleeding
Spray Miracle neutralizer in nose. Instant relief for many.
<table>
<thead>
<tr>
<th>Condition</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Odors</td>
<td>Wash with Miracle II Soap then spray with the neutralizer and leave on.</td>
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<tr>
<td>Pancreatic</td>
<td>Put 7 drops of Miracle II neutralizer in juice or water each day.</td>
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<tr>
<td>Parasites</td>
<td>Bathe or shower with Miracle Soap. Put 7 drops of Miracle II neutralizer in juice or water each day. Also use soap and neutralizer as an enema.</td>
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<tr>
<td>Poison Ivy and Poison Oak</td>
<td>Spray Miracle II neutralizer or gel as soon as possible; use as often as needed. If going into area that has poison ivy/oak spray neutralizer or gel on skin prior to entering area.</td>
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<tr>
<td>Pink Eye</td>
<td>Spray or wash eye area with neutralizer.</td>
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<tr>
<td>Prostate</td>
<td>Put 7 drops of Miracle II neutralizer in juice or water each day.</td>
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<tr>
<td>Rash</td>
<td>Bathe or shower with Miracle II soap. After you dry, spray Miracle II neutralizer or gel on rash area.</td>
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<tr>
<td>Psoriasis</td>
<td>Put 4 tbs of neutralizer 2 tbs of soap in bath and soak for the first 3 baths. Once dry, spray neutralizer or gel on skin and let dry. Spray on skin several times a day. If skin is very dry, use Miracle II Moisturizer.</td>
</tr>
<tr>
<td>Ring Worm, Athlete’s Foot, and Jock Itch</td>
<td>Bathe or shower with Miracle II Soap and spray or rub Miracle II Neutralizer or Gel on affected area and let dry (apply liberally). Above funguses represent the same fungus, but carry a different name based on location.</td>
</tr>
<tr>
<td>Ryder’s Syndrome</td>
<td>Bathe or Shower with Miracle II Soap. Apply Gel or Neutralizer on rash area. Take 7 drops of Neutralizer in glass of water each day.</td>
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<tr>
<td>Scars and Stretch Marks</td>
<td>Bathe in Miracle II soap. Apply Miracle II neutralizer or gel AND Moisturizer daily.</td>
</tr>
<tr>
<td>Shaving Soap</td>
<td>Use the Miracle II soap as foam. It will soften your skin. If you happen to “nick” your skin while shaving, apply the gel or neutralizer which will help it to heal quickly.</td>
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<tr>
<td>Shingles</td>
<td>Bathe or shower with Miracle II soap. Spray neutralizer or gel on area. Reapply with any pain. Pain should ease drastically after 2-3 consecutive applications.</td>
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<tr>
<td>Shoe Odors</td>
<td>Spray shoes with Miracle II neutralizer. Soak them if the odor is strong.</td>
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<tr>
<td>Skin Cancer and Psoriasis</td>
<td>Bathe or shower in Miracle II soap. Once dry apply Miracle II neutralizer or gel to area. Many report total healing after consistent use. If skin is dry use Miracle II moisturizer.</td>
</tr>
<tr>
<td>Sinus</td>
<td>Spray Miracle II neutralizer in the nose. This will dry the drainage quickly.</td>
</tr>
<tr>
<td>Smoking (To Stop)</td>
<td>Spray neutralizer in mouthy every time you want to smoke. Some have reported lack of desire for cigarettes within 7 days.</td>
</tr>
<tr>
<td>Snake or Spider Bite</td>
<td>Within 30 seconds, force Miracle II neutralizer into bite.</td>
</tr>
</tbody>
</table>
Sore Throat
Gargle with Miracle II neutralizer.

Spotted or Discolored Skin
Bathe or shower with Soap. Apply gel or neutralizer to area.

Stomach Ulcers & Acid Problems
Put 7 drops of Miracle II neutralizer in water, juice or milk daily.

Styes or Sties
Spray neutralizer on the area.

Sunburn
Spray Miracle II neutralizer or gel on sunburn area. Use as often as needed. Contains some sunblock ability, apply prior to entering sun.

Sunblock
Rub gel on skin.

Skin Tags and Warts
Bathe or shower with Miracle II soap, then apply neutralizer or gel to the affected area. Do this until tags and warts fall off.

Teeth & Sensitive Mouth Problems
Brush teeth with Miracle II gel to remove tarter, stains and plaque. For dentures, brush or soak with Miracle II neutralizer.

T-Cell Booster (Thymus-Cell)
Take 7 drops of Miracle II neutralizer daily.

Tired Feet
Spray or rub neutralizer or gel on feet.

Thyroid Problems
Take 7 drops of Miracle II neutralizer daily.

Toxemia
Take 7 drops of Miracle II neutralizer daily.

Tumors
Rub or spray gel or neutralizer on area.

Underarm Deodorant
Use the Miracle II gel or neutralizer as wetting agent with Thai Deodorant Stone.

Varicose Veins
Wrap area with towel and soak with warm Miracle II Neutralizer or Gel until results achieved.

Warts and Moles
Apply Miracle II Neutralizer to warts or moles. Soak a piece of cotton and affix to the area via medical tape, etc.

Weight Loss
Put ½ ounce of Miracle II Neutralizer in an 8oz glass of water first thing in the morning.

Wrinkles
Bathe or shower with the Miracle II soap, then apply the neutralizer gel and skin moisturizer. Many report a natural facelift.

Yeast Infection
Mix Miracle II Neutralizer and water 50/50. Use as a douche. Spray on affected area. May also take 7 drops of neutralizer in water, juice or milk each day until infection is eliminated.

Dilution Recommendations:
Dilute 1-22 ounce bottle of Miracle II Soap to make:
- 384 gallons glass cleaner
- 2 gallons dish washing soap
- 50 gallons car or truck wash
- 22-35 loads of clothes wash
- 50 gallons carpet cleaner
- 2 gallons oven cleaner or carport cleaner
- 50 quart bottles spot cleaner
- 50 gallons fire ant or wasp spray
- 50 gallons garden spray
- 50 shampoos for your dog or cat